Allright life sucks but atleast it is what it is. Here is a step by step fix of how to turn around life.

What are my anxieties right now?

1. I am scared that I won’t find a job in this market
2. I am kinda scared if the license dude ran away with my money
3. I am overwhelmed by the amount of things I have to do on a day to day basis.
4. I am trying to understand where to switch to and what role suits me, I am also unsure what value do I add as a data analyst

What are my fears as of lately?

1. I have a very deep fear of loneliness right now, I think even my own family will be absent in my life, this loneliness has crept in deeply after April
2. I have a very deep fear of not achieving my actual potential and just settling for a mediocre lifestyle.
3. Falling behind my peers in success

What is success to me as of lately?

1. Waking up a little bit and still feel like the world is not ending
2. Deciding what to buy when to whom as and when I Want to
3. Spending some time doing what I like, for ex: I do not remember the last time I saw YouTube in peace

I do not want to be a manager, I do not want so many responsibilities, I want to earn a decent amount of money doing least amount of work and go home without my effort.

I do not want to think about work once I step outside office

I do not want to justify my work to anyone or be questioned by anyone

I do not want to go in a bloody bus anymore for fuck’s sake (Fucking hell even if it means I am going bankrupt, I Need to get a fucking bike)

What are some things I need to do that I am not doing right now?

1. I need to clean my wardrobe
2. I need to have my protein
3. I need to get consistently 8 hours of sleep
4. I need to do my finances and have a control over the money I spent